

TELEMEDICINE GUIDELINES for ANEW WEIGHT LOSS CENTER

Who Can Schedule a Telemedicine Visit?

- New and follow-up clients

What Will I Need?

- **Digital weight scale:** The healthcare provider will capture a photo of your weight while you are standing on the scale. If you will be using a computer, please make sure your video camera is adjustable and will allow you to focus on your scale, while you stand on it.
- **Digital blood pressure cuff with heart rate reading:** The healthcare provider will have you take your blood pressure and heart rate during your visit as you use your digital blood pressure cuff with heart rate.
- **Driver's license and prescription insurance card (new clients):** You can email your non-expired state-issued driver's license to mrsstaten@anewweightlosscenter.com or upload it into the patient portal.

Body weight measurements are required on every visit for all clients. Blood pressure and heart rate measurements are required for initial prescription program visits and every 6 months follow-up prescription program visits only.

Delays in obtaining this information may result in prescription delays.

Doxy.me utilizes Google Chrome, Safari, and Firefox web browsers. Make sure your computer, cell phone, or tablet, has the appropriate browser prior to your appointment.

Please note: *It is best to use a computer with a stable internet connection. Be sure your camera is adjustable so your weight can be measured while on video with the healthcare provider.* Please make sure you are able to log into the telemedicine waiting room prior to your appointment.

How to Start Your Telemedicine Appointment

- 1) Please make sure you have completed all paperwork, consent forms, payments, and have necessary equipment 24-48 prior to your appointment.
- 2) Go to <https://www.anewweightlosscenter.com/client-forms> and click on the telemedicine guidelines.
- 3) Read this entire guidelines and make sure you are prepared prior to booking and starting

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your visit.

- 4) Go to <https://forms.gle/BckQWPJXtRK5PCTp6>, read and sign the **telemedicine informed consent**.
- 5) For **initial visits** click this link <https://forms.gle/A8sgt5onAR53yNpaA> to complete your initial health assessment paperwork.
- 6) If you are **following up**, click this link <https://forms.gle/oDsXpW1HeVQp1e2BA> to complete your paperwork. Once you have completed your paperwork it will automatically be submitted to Dr. Staten.
- 7) For clients booking telemedicine appointments online, once you have completed steps 1-5 you are now ready to book your telemedicine appointment <https://www.anewweightlosscenter.com/schedule-an-appointment>
- 8) Next, go to <https://doxy.me/anewweightlosscenter>. This is the **telemedicine waiting room**. Here you will wait for Dr. Staten to begin your visit.
- 9) If payment is required, you will receive an invoice prior to beginning your telemedicine appointment. Dr. Staten will verify that all your information has been submitted and your appointment will begin.

Delays or Connection Issues

- You may be asked to reschedule your appointment if you are not in the telemedicine waiting room 10 minutes past your scheduled appointment time.
- If there are significant internet disruption, poor audio or video quality, impaired visualization, or severe distractions during your visit, you may be asked to reschedule your visit.

I have read and I understand the telemedicine guidelines.

Name: _____

Date: _____

Signature: _____